

Critique

Critique 070: Potentially important new mechanisms found for the anti-aging effects of resveratrol, a phenolic compound found in red wine — 9 February 2012
Critique 066: Is it the alcohol or the polyphenols in red wine (or both) that decrease cardiovascular disease in wine drinkers?
Critique 246: Light to moderate alcohol intake and the risk of cancer — 8 February 2021
Critique 242: The relation of light alcohol consumption to the risk of common cancers — 1 October 2020
Critique 241: A Mendelian randomization study of alcohol consumption and the risk of breast cancer and ovarian cancer reveals no significant associations — 22 July 2020
Critique 236: Reasons for apparently diverse results from epidemiologic studies relating alcohol consumption to the risk of breast cancer — 19 February 2020
Critique 229: A J-shaped curve for the relation of alcohol consumption to the risk of colorectal cancer — 10 July 2019
Critique 226: Consumption of red wine may lower the risk of lethal prostate cancer — 16 May 2019
Critique 221: The relation of alcohol intake to stomach cancer — 20 November 2018
Critique 217: Alcohol, cancer, and mortality: Further affirmation of the J-shaped curve for mortality and increase in incidence of cancer with larger intake of alcohol — 9 July 2018
Critique 211: Effects of alcohol and aldehydes on DNA and risk of cancer, potential implications from a study in mice — 22 January 2018
Critique 210: Beer, wine, and spirits consumption and risk of gastric cancer — 8 January 2018
Critique 208: A statement on alcohol and cancer that ignores the net health effects of moderate drinking, such as increasing longevity of life — 16 November 2017
Critique 202: Importance of folate intake for reducing breast cancer risk from alcohol consumption, especially for women with a positive family history of breast cancer — 17 July 2017
Critique 200: Does Light Drinking Increase the Risk of Cancer? — 8 June 2017
Critique 192: The association of alcohol consumption with the risk of prostate cancer — 12 September 2016
Critique 188: Alcohol-attributable cancer in New Zealand . . . 28 June 2016
Critique 187: Alcohol and squamous cell carcinoma of the skin — 14 June 2016
Critique 186: Changes in alcohol and effects on risk of breast cancer and heart disease — 19 May 2016
Critique 184: A major new meta-analysis on alcohol consumption and the risk of pancreatic cancer — 4 April 2016
Critique 175: An update on the association of alcohol consumption with breast cancer. Effects of BMI — 24 November 2015
Critique 170: An update on the association of alcohol consumption with the risk of cancer — 1 September 2015
Critique 165: Fiber intake may modify the association of alcohol consumption with certain hormone-dependent cancers — 4 June 2015
Critique 162: What is the association between alcohol consumption and cancer? — 13 April 2015
Critique 149: The association of alcohol consumption with the risk of death from colorectal cancer — 26 October 2014
Critique 148: Alcohol and liver cancer — 24 September 2014
Critique 147: Association of alcohol intake with different types of breast cancer — 11 September 2014
Critique 144: Alcohol consumption and risk of endometrial cancer — 18 August 2014
Critique 138: Underreporting of alcohol intake affects the relation of alcohol to the risk of cancer — 23 April 2014
Critique 129: Association of alcohol consumption with skin cancer, A report from the women's Health Initiative — 20 November 2013
Critique 128: Little effect of alcohol consumption on breast cancer risk found among African-American women — 14 November 2013
Critique 125: Effects of alcohol consumption on risk of colorectal cancer, potential modification by folate intake — 25 September 2013
Critique 123: Alcohol consumption and lymphoid and myeloid neoplasms — 5 September 2013
Critique 118: Clustering of alcohol consumption with socioeconomic and biologic risk factors for cancer — 30 July 2013
Critique 112: Relation of alcohol intake to risk of dying from cancer — 23 May 2013
Critique 109: In women developing breast cancer, moderate alcohol consumption before or after diagnosis does not increase breast cancer mortality and decreases total mortality — 16 April 2013
Critique 099: Alcohol and survival after postmenopausal diagnosis of breast cancer — 20 December 2012
Critique 095: Effects of alcohol on lymphoma, leukemia, and other types of hematological cancers — 13 November 2012
Critique 094: The complex association between moderate alcohol consumption and breast cancer — 23 October 2012
Critique 092: The association of alcohol and tobacco with age at diagnosis among subjects with pancreatic cancer — 2 October 2012
Critique 091: Light drinking may relate to increase in risk for certain cancers — 18 September 2012
Critique 090: Effects of stopping alcohol consumption on subsequent risk of esophageal cancer — 13 September 2012

Critique 089: Combination of hormone treatments and alcohol consumption influences the risk of breast cancer in women — 29 August 2012
Critique 085: Moderate alcohol intake is associated with a lower risk of kidney cancer — 19 July 2012
Critique 078: An update on the association of alcohol consumption with risk of breast cancer — 10 April 2012
Critique 077: Swedish study supports a U-shaped association of alcohol consumption with risk of pre-diabetes and diabetes mellitus — 29 March 2012
Critique 068: Heavier alcohol consumption may increase risk of colon cancer in people with a family history of such cancer — 30 January 2012
Critique 067: Comparison of effects of red wine versus white wine on hormones related to breast cancer risk — 19 January 2012
Critique 064: Association of lifestyle and environmental factors with the risk of cancer — 13 December 2111
Critique 060: A new analysis from the Nurses' Health Study on the association of alcohol with risk of breast cancer — 3 November 2011
Critique 059: Association of quantity of alcohol and frequency of consumption with cancer mortality
Critique 056: Relation of alcohol consumption to colorectal cancer — 13 September 2011
Critique 054: Role of alcohol intake and smoking on upper aerodigestive cancers — 6 September 2011
Critique 049: Effects of smoking and alcohol use on risk of upper aero-digestive cancers — 1 August 2011
Critique 048: A new report on drinking guidelines and the association of alcohol with risk of cancer — 18 July 2011
Critique 042: An increase in risk of certain types of gastric cancer from heavy drinking, but no increase from moderate alcohol consumption — 17 May 2011
Critique 244: Is "ideal cardiovascular health" more common among consumers of wine than among drinkers of other beverages? — 18 December 2020
Critique 243: Does the "quality" of the diet modify the relation of alcohol intake to the risk of hypertension? — 19 October 2020
Critique 236: Differences in evaluating confounding in epidemiologic studies when judging the effects of alcohol consumption on the risk of cardiovascular disease — 7 April 2020
Critique 222: A new analysis relating alcohol intake to coronary heart disease — 20 December 2018
Critique 198: A study of alcohol and cardiovascular disease based on "Big Data," linked electronic medical records from the population — 24 April 2017
Critique 196: Adverse health effects of binge drinking on cardiovascular disease — 2 February 2017
Critique 190: Alcohol intake during middle age and later atherosclerosis — 11 August 2016
Critique 185: An innovative assessment of alcohol consumption and the risk of atrial fibrillation — 28 April 2016
Critique 173: A Large Study of the Association of Alcohol with the Risk of Acute Myocardial Infarction — 15 October 2015
Critique 163: The association of alcohol consumption with the risk of developing heart failure — 5 May 2015
Critique 155: The effects of alcohol consumption on the risk of developing heart failure — 27 January 2015
Critique 152: Specific genetic factors modify the reduction in heart disease risk from alcohol consumption — 27 November 2014
Critique 150: A new meta-analysis on the relation of alcohol consumption to the risk of ischemic heart disease — 6 November 2014
Critique 143: A Mendelian randomization assessment of alcohol and cardiovascular disease — 20 July 2014
Critique 141: A world-wide study of alcohol consumption and the risk of myocardial infarction — 3 July 2014
Critique 140: A meta-analysis shows that light alcohol consumption is associated with a reduced risk of stroke, while heavier drinking may increase risk — 5 June 2014
Critique 108: An unusual paper relating alcohol consumption to the risk of stroke
Critique 105: For preventing cardiovascular disease, an unrestricted-calorie Mediterranean-type diet provides 30% more benefit than a low-fat diet: Results of a large population-based clinical trial — 6 March 2013
Critique 102: Possible prevention of myocardial infarction from alcohol's effects on periodontal disease: An hypothesis — 6 February 2013
Critique 101: A review of the association of alcohol consumption with the risk of developing hypertension — 22 January 2013
Critique 096: Frequency of alcohol consumption and cardiovascular risk factors: implications for drinking guidelines — 20 November 2012
Critique 075: Moderate drinking associated with lower risk of stroke in women — 15 March 2012
Critique 057: Differences in effects on atherosclerosis of regular moderate drinking and binge drinking: An experimental study in mice. — 20 September 2011
Critique 062: Similar effects of beer and wine on the risk of cardiovascular disease and of total mortality — 22 November 2011
Critique 213: A meta-analysis on lifestyle factors, cardiovascular disease, and total mortality for a very large number of middle-aged and elderly women — 27 March 2018
Critique 069: Little effect of binge drinking on heart disease or mortality among moderate drinkers in Denmark — 2 February 2012
Critique 233: The relation of alcohol consumption to the development of dementia, with very extensive evaluations of the latter — 7 November 2010
Critique 216: Long-term study of alcohol intake and the risk of Alzheimer Disease or other types of dementia — 21 August 2018

Critique 197: Alcohol consumption and the risk of developing dementia – 13 April 2017
Critique 100: The effects of moderate drinking on cognitive function and dementia: An update — 15 January 2013
Critique 081: Alcohol intake in the elderly affects risk of cognitive decline and dementia — 22 May 2012
Critique 223: A new major review of the relation of alcohol consumption to the risk of dementia. — 17 January 2019
Critique 154: Effects of changes in alcohol consumption on risk of dementia among elderly women — 12 January 2015
Critique 076: Evaluating the association of alcohol intake with cognitive functioning using a Mendelian randomization study design — 22 March 2012
Critique 055: An extensive review of the effects of alcohol consumption on the risk of cognitive impairment and dementia — 25 August 2011
Critique 230: An extensive review of the role of dietary constituents (foods, nutrients, and beverages) in the development of diabetes — 1 August 2019
Critique 224: A brief summary of the association between wine/alcohol consumption and health in diabetics — 12 March 2019
Critique 182: A major meta-analysis on the association of alcohol consumption with the risk of diabetes mellitus — 8 March 2016
Critique 172: Alcohol and the risk of developing diabetes — 7 October 2015
Critique 159: Alcohol as a component of the Mediterranean-type diet, effects on the risk of mortality among diabetics — 17 March 2015
Critique 153: Moderate alcohol intake may lower the risk of developing diabetes among obese subjects — 11 December 2014
Critique 104: Moderate alcohol consumption is associated with a lower risk of diabetes — 26 February 2013
Critique 136: Alcohol's effects on cardiovascular risk among subjects with diabetes mellitus — 18 March 2014
Critique 174: Two-year clinical trial of wine administration in diabetics who were previous abstainers or very-light drinkers — 19 October 2015
Critique 253 – The relation of alcohol consumption to the risk of glioma tumors of the brain – 5 January 2022
Critique 235: Does type of alcohol or drinking pattern explain greater adverse effects of alcohol consumption among lower socio-economic subjects? — 15 January 2020
Critique 206: Importance of considering cultural factors in determining effects on health of alcohol consumption — 3 October 2017
Critique 189: Importance of drinking pattern on the effects of wine on health — 26 July 2016
Critique 121: Differences between wine and other alcoholic beverages in terms of adverse consequences of alcohol consumption — 22 August 2013
Critique 110: Divergent effects of regular moderate and binge drinking – 30 April 2013
Critique 082: A statistical model attempting to estimate the level of alcohol consumption that is optimal for health — 6 June 2012
Critique 203: Moderate alcohol intake may reduce, not increase, the risk of falls in the elderly – 7 August 2017
Critique 111: Association of alcohol consumption with a measure of osteoporosis in elderly women — 7 May 2013
Critique 045: Alcohol drinking in the elderly: Risks and benefits. — 26 June 2011
Critique 047: Overall health effects of alcohol consumption. Comments on a WHO report — 10 July 2011
Critique 252: Dealing with previous alcohol exposure among current non-drinkers in epidemiologic studies testing the J-shaped curve — 3 December 2021
Critique 248: Association of Alcohol Consumption with Cataract Surgery — 19 April 2021
Critique 234: Effects of red wine consumption on gut microbiota that affect health and disease — 14 November 2019
Critique 227: A reduced risk of chronic obstructive pulmonary disease (COPD) associated with the intake of some alcoholic beverages — 29 May 2019
Critique 212: Is it the alcohol or other substances in wine that lead to beneficial health effects? — 15 March 2018
Critique 199: Potential mechanisms for the greater risk and fewer health advantages from alcohol consumption for subjects with low socio-economic status — 25 May 2017
Critique 195: How much of the "health benefits" of alcohol relate to higher socio-economic status of drinkers? — 19 December 2016
Critique 193: The association of reported alcohol intake with the risk of subarachnoid hemorrhage: A meta-analysis — 1 November 2016
Critique 191: A new study on the mechanisms of alcohol's effects on health and disease – 25 August 2016
Critique 181: Support for a causal role of alcohol consumption in improving the lipid profile — 16 February 2016
Critique 178: The association of alcohol intake with health-related quality of life — 12 January 2016
Critique 177: A clinical trial testing the effects of alcohol on inflammatory markers — 21 December 2015
Critique 168: Effects of alcohol on blood pressure in women: A randomized trial — 5 August 2015
Critique 166: The association between alcohol consumption and suicidal ideation and suicidal attempt — 1 July 2015
Critique 164: Why are the harmful effects of alcohol consumption greater among people with low education and income? — 14 May 2015
Critique 161: The effects of alcohol consumption on the risk of hip fracture — 31 March 2015

Critique 156: The pattern of alcohol consumption and risk of cirrhosis — 10 February 2015
Critique 146: Alcohol and the risk of abdominal aortic aneurysm — 4 September 2014
Critique 145: Alcohol consumption and brain structure on MRI scans — 25 August 2014
Critique 133: Alcohol intake may lower the risk of developing multiple sclerosis — 4 February 2014
Critique 131: Effects of alcohol consumption on the risk of gout — 23 December 2013
Critique 126: Moderate alcohol intake may lower the risk of rheumatoid arthritis — 11 October 2013
Critique 122: Does moderate wine consumption lower the risk of developing depression? — 3 September 2013
Critique 115: Potential association of alcohol consumption with diverticulosis — 25 June 2013
Critique 113: Metabolic and biochemical mechanisms by which alcohol consumption affects health — 11 June 2013
Critique 106: A clinical trial shows that glucose metabolism is improved more by red wine than by gin — 14 March 2013
Critique 103: Alcohol intake just prior to bed-time may affect your sleep patterns — 18 February 2013
Critique 098: Moderate alcohol consumption may lower the risk of developing depression — 13 December 2012
Critique 088: Higher levels of alcohol intake may slightly increase risk of age-related macular degeneration, with no effect from moderate drinking — 22 August 2012
Critique 087: Smoking increases, while alcohol consumption may decrease, the risk of amyotrophic lateral sclerosis (ALS) — 8 August 2012
Critique 086: Mechanisms for a beneficial effect of moderate alcohol consumption on osteoporosis in women — 1 August 2012
Critique 084: Moderate drinking lowers risk of developing rheumatoid arthritis in women — 17 July 2012
Critique 083: Higher indices of quality of life are seen among persistent moderate drinkers than among abstainers — 20 June 2012
Critique 080: Modest alcohol intake is associated with less inflammation among patients with the most common type of liver disease, non-alcoholic fatty liver disease (NAFLD) — 15 May 2012
Critique 074: Does moderate wine consumption improve lung function? — 8 March 2012
Critique 073: The association of alcohol consumption with osteoporosis — 5 March 2012
Critique 055: Alcohol intake and “successful ageing” — 8 September 2011
Critique 051: Types of alcohol in relation to acute pancreatitis — 11 August 2011
Critique 044: The association of alcohol drinking with migraine headache — 12 June 2011
Critique 043: Frequent moderate drinking of alcohol is associated with a lower risk of fatty liver disease. — 23 May 2011
Critique 130: How alcohol consumption may interact with genetic factors that relate to health and disease — 10 December 2013
Critique 063: Genes modify the risk of liver disease among alcoholics — 5 December 2011
Critique 116: Effects of genetic factors on the metabolism of alcohol — 10 July 2013
Critique 240: Are there health risks from amounts of alcohol referred to as being within “low-risk drinking guidelines”? — 8 July 2020
Critique 214: Some methodologic problems in a recent paper urging changes in drinking guidelines — 23 April 2018
Critique 179: Response to proposed guidelines regarding alcohol consumption in “Guidelines for a Healthy Diet from the the Health Council of the Netherlands” — 26 January 2016
Critique 158: Comments on Alcohol Recommendations included in the Scientific Report of the 2015 Dietary Guidelines Advisory Committee — 4 March 2015
Critique 154: Comments on “Section 2.3, Alcohol Consumption,” from the “World Cancer Report 2014” issued by the World Health Organization — 11 February 2014
Critique 071: Forum Comments on proposed new dietary guidelines for Australia — 16 February 2012
Critique 058: A misguided statement on alcohol and health from a coalition in Australia. — 28 September 2011
Critique 041: Estimated health effects of changes in advice for alcohol consumption between the 2005 and 2010 Dietary Guidelines for Americans — 6 May 2011
Critique 249: Does light-to-moderate drinking increase the risk of atrial fibrillation? — 23 June 2021
Critique 247: Effects of alcohol consumption on risk of stroke and systemic embolism among subjects with atrial fibrillation — 15 March 2021
Critique 167: What determines a person’s belief that “alcohol is heart-healthy?” — 22 July 2015
Critique 117: Changes in alcohol intake modify levels of homocysteine, an important risk factor for coronary heart disease — 18 July 2013
Critique 093: Is moderate alcohol consumption associated with an increased risk of atrial fibrillation among patients with cardiovascular disease? — 8 October 2012
Critique 079: Moderate alcohol consumption both prior to, and following, a myocardial infarction is associated with lower risk of mortality — 17 April 2012
Critique 061: The reduction in risk of coronary heart disease from alcohol consumption may involve mechanisms other than an increase in HDL cholesterol — 10 November 2011
Critique 225: Moderate alcohol consumption may lower the risk of chronic kidney disease — 8 April 2019
Critique 239: Does the source of funding of epidemiologic studies on alcohol and health affect their results? — 28 May 2020

Critique 250: Importance of a favorable pattern of drinking (regularly, and with food) on risk of mortality – 28 July 2021
Critique 245: Effects of different patterns of alcohol consumption on risk of mortality, major cardiovascular events, cirrhosis, and cancer – 25 January 2021
Critique 232: Does moderate drinking of alcohol in later life reduce the risk of mortality? 3 September 2019
Critique 216: Strong effects of five lifestyle factors on risk of mortality and longevity of life – 31 May 2018
Critique 215: Long-term effects of smoking and moderate drinking on the quality and longevity of life of elderly women – 9 May 2018
Critique 205: A very large population-based study of the association of alcohol consumption with total and disease-specific mortality – 4 September 2017
Critique 204: Moderate drinking improves the chances for healthy survival to age 85 – 21 August 2017
Critique 201: The marked effect of lifestyle on mortality – 26 June 2017
Critique 194: Long-term alcohol use and mortality among Swedish women – 22 November 2016
Critique 183: An unusual analysis of the association of alcohol consumption with mortality – 24 March 2016
Critique 180: The association of alcohol intake with total mortality risk among women – 9 February 2016
Critique 176: A New Report on Alcohol Consumption and Total Mortality Risk – 14 December 2015
Critique 169: Effects of IQ on risk of morbidity and mortality related to alcohol consumption – 25 August 2015
Critique 157: A mistaken interpretation of data relating alcohol to mortality – 20 February 2015
Critique 142: A large study of alcohol consumption and mortality – 14 July 2014
Critique 139: Does adjustment for stress levels explain the protective effect of moderate drinking on the risk of mortality? – 18 May 2014
Critique 135: Binge drinking greatly increases mortality risk among moderate drinkers – 11 March 2014
Critique 132: Pattern of alcohol consumption and cause of death in a large European prospective study – 21 January 2014
Critique 127: Estimation of alcohol-attributable and alcohol-preventable mortality in Denmark – 6 November 2013
Critique 124: The J-shaped curve for the relation of alcohol consumption to mortality – 17 September 2013
Critique 097: Per-capita alcohol intake and all-cause mortality in Australia – 4 December 2012
Critique 065: Are there differences in mortality between people consuming wine and those consuming other types of alcoholic beverages? 20 December 2011
Critique 046: All-cause mortality rates are lower among moderate drinkers than among abstainers. 4 July 2011
Critique 231: Association of alcohol consumption with obesity: Does moderate drinking increase or decrease the risk of obesity? 20 August 2019
Critique 209: Does alcohol intake increase the risk of obesity? – 13 December 2017
Critique 160: Do the calories in alcoholic beverages lead to increased obesity? – 23 March 2015
Critique 072: Obesity may modify the association between alcohol consumption and the risk of colorectal cancer. 23 February 2012
Critique 052: Does moderate alcohol consumption increase body weight? 16 August 2011
Critique 251: Does moderate drinking increase, or decrease, the risk of falls in middle-age to elderly adults? 1 November 2021
Critique 237: Relation of alcohol consumption in the elderly to the chances of reaching 90 years of age – 2 March 2020
Critique 207: Effects on birth weight and risk of preterm birth of light-to-moderate drinking during pregnancy – 2 November 2017
Critique 151: Fetal alcohol syndromes result from multiple maternal factors during pregnancy – 20 November 2014
Critique 137: Alcohol intake prior to and during pregnancy and birth outcomes – 28 March 2014
Critique 107: Little effect on child's mental functioning associated with mother's light, occasional drinking in early pregnancy – 25 March 2013
Critique 050: Multiple maternal risk factors for fetal alcohol disorders 7 August 2011
A Tribute to Elizabeth Barrett-Connor, MD (1935-2019)
Critique 220: An unusual analysis relating alcohol intake to mortality – October 16, 2018
Critique 219: A global overview of alcohol consumption and health – 3 September 2018
Critique 171: A global assessment of alcohol and health – 29 September 2015
Critique 120: Binge drinking impairs endothelial function in young people – 20 August 2013
Critique 119: A consensus statement on the association of moderate alcohol consumption and health – 15 August 2013

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Obesity

Obesity

Obesity

Obesity

Obesity

Old Age

Older

Pregnancy

Pregnancy

Pregnancy

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mortality